

My Revamped Life Monthly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

MY REVAMPED PRIORITIES:

I plan my week on _____.
I commit to making my life easier by planning ahead.

I completely relax on _____.
I recognize the importance of rest and I will acknowledge my need for a time out.

I will purposefully devote time to _____.
I will schedule time to work on a particular goal each week in order to achieve it.